

THE
ROYAL OAK
— FISHGUARD —

GALLEGA &
JACKET POTATO
MENU



Bara Gallega

white or wholemeal Gallega served with creamy coleslaw and a dressed salad garnish. gluten free bread available.

(Only served between 12:00-3:00)

Coronation Chicken £7.80

Chicken Tikka £7.80

Honey Roast Ham and Cheddar £7.60

Cheddar Cheese & Onion £7.40

BLT £7.80

Hot Bara Galega of the week £8

Jacket Potatoes

All jacket potatoes are served with a dressed salad garnish & crisps

(Only served between 12:00-3:00)

Welsh Cheddar & Tomato Chutney (v) £7.60

Welsh Cheddar & Beans (v) £7.60

Chicken Tikka £7.60

Coronation Chicken £ 7.60

Honey Roast Ham & Cheddar £7.60

(v) vegetarian (gf) gluten free (ve) vegan (veo) vegan option available

(gfo) gluten free option available – please ask at the bar.

Some of these foods may contain nuts or other allergens.

Please ask our staff for details.

To reserve a table, please call us on 01348 218632 or email us at

royaloakfishguard@hotmail.com