

THE
ROYAL OAK
— FISHGUARD —

GALLEGA &
JACKET POTATO
MENU



Bara Gallega

Choice of white or wholemeal Gallega. Served with creamy coleslaw, a dressed salad garnish & crisps. Gluten free bread available.

(Only served between 12:00-15:00)

Chicken Tikka £8.00

Coronation Chicken £8.00

Honey Roast Ham Salad £8.00

Cheddar Cheese & Onion (v) £7.50

BLT £8.50

Hot Gallega of the week (see specials board) £8.50

Jacket Potatoes

All jacket potatoes are served with creamy coleslaw, a dressed salad garnish

(Only served between 12:00-15:00)

Welsh Cheddar & Tomato Chutney (v) £8.00

Welsh Cheddar & Beans (v) £8.00

Chicken Tikka £8.50

Coronation Chicken £8.50

Honey Roast Ham & Cheddar £8.50

(v) vegetarian (gf) gluten free (ve) vegan (veo) vegan option available
(gfo) gluten free option available – please ask at the bar.

Some of these foods may contain nuts or other allergens.

Please ask our staff for details.