

Breakfast Menu

Breakfast Bap £6.50

Bacon, sausage, fried egg

Bacon or Sausage Bap £5.00

Add fried egg for £1.00

Glamorgan Sausage Bap (v) £5.00

Add fried egg for £1.00

Add an Americano or Tea for £2.00

Latte £3.30

Cappuccino £3.30

Flat White £3.00

Espresso £2.60

Double Espresso £2.80

Mocha £3.30

Speciality Latte £3.80

Speciality Tea £2.80

Speciality Hot Chocolate £3.80

Juices – Regular £2.90 Pint £3.50

(v) vegetarian (gf) gluten free (ve) vegan

(veo) vegan option available (gfo) gluten free option available

Some of these foods may contain nuts or other allergens.

Please ask our staff for details.

To reserve a table, please call us on 01348 218632 or email us at
royaloakfishguard@hotmail.com